



# Dr. Matthew Doane

MD MIPH DABA FANZCA | ANAESTHESIOLOGIST

## AN ANAESTHESIOLOGIST

An anaesthesiologist is a doctor who specialises in perioperative care, developing anaesthetic plans, and the administration of anaesthetics, often in an operating theatre. We help ensure the safety of patients undergoing surgery, caring for you to minimise any pain or distress. This care may involve **general anaesthesia**: where the patient is "deeply asleep", **sedation**: intravenous medications to make the patient calm and/or unaware, or **regional anaesthesia**: injections of local anaesthetic near nerves to "numb up" the area of the body being operated on, sometimes referred to as nerve blocks or a spinal/epidural injection.

## DR. DOANE

Dr. Doane is a clinician, educator, academic, and researcher who strives to incorporate current evidence and practice guidelines into his teaching and patient care. Matthew understands the stress and concerns a patient carries with them during their hospital journey and is dedicated to ensuring a patient's safety, while empowering them to guide the decisions which affect their care. Dr. Doane is a dual-boarded Anaesthesiologist within the American and Australian Colleges, who practices locally, teaches internationally, and is affiliated with the University of Sydney.

## CURRICULUM VITAE

### ASSOCIATE PROFESSOR

*Sydney University Medical School*

### DIPLOMATE - ANESTHESIA RESIDENCY PROGRAM

*Columbia University Medical Center*

### MEDICAL DOCTORATE

*University of Rochester School of  
Medicine*

### MASTERS of INTERNATIONAL PUBLIC HEALTH

*Sydney University*

## WHAT CAN YOU DO TO PREPARE?



### Medical History

Safely caring for you means knowing some of your more important medical issues. If you're unsure of what they are, a summary from your General Practitioner is a good thing to have on hand.



### Medications

Know what medications you are taking. If there are several, a list is always helpful, as we may need to stop or adjust some of them.



### Smoking

Quitting is always best, but abstaining for at least 4 weeks prior to your operation will be essential.



### Questions

Feel free to ask us questions about your care, the potential risks, or options you may have. We'll go over these with you prior, but if there are burning questions, write them down so we can ensure they are addressed.

### Fasting

Unless instructed otherwise by the hospital, a general guideline is to refrain from eating at 6 hours prior to your arrival, but we encourage drinking water up till 2 hours prior to the time of your operation.



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Sydney, Australia

Billing Enquiries

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